

## Set menu options for small groups at Beulah Retreat in 2017.

Since the self-catering facilities are equipped to facilitate preparation of light meals for individuals or couples, Beulah Retreat offers a set-menu option for small groups between 6-12 people. Please choose between brunch/or lunch options.

No alcohol allowed on the premises.

Meal	Time	What to expect	Cost per person
Breakfast	Own	Self-catering	-
	time		
Brunch	10:30	Choice of 2 Cereals, Muesli, hot or cold milk	R 20
		Fresh Fruit Salad	R 30
		Fruit Yoghurt, Plain Yoghurt	R 15
		Bread / Toast, 2 Preserves,	R 15
		Grated cheese	R 12
		Bacon & egg & cheese bake OR	R 70
		Sweetcorn, mushroom and cheese bake OR	R 65
		Scrambled eggs (2 pp) & savoury mince (200 g pp)	R 50
		Glass of Juice	R 15
		Coffee / Tea	R 15
		Mineral water	R 5
Lunch	12:30	Bobotie, rice, oven-baked sweet potato and butternut or	R120
		Chicken pie, rice and mushroom sauce, steamed mixed veggies	R130
		Or 2 crumbed hake fillets & baked potato with butter & sour cream.	R 120
		Green salads	R 30
		Glass of Juice	R 15
		Coffee / Tea	R 15
		Mineral water	R 5
Supper	18:00	Lasagne & green salad OR	R 90
		Individual butternut & feta quiche with green salad OR	R 70
		Tomato & cheese toasted cheese sandwich (2 pp) OR	R 50
		Vegetable soup with bread, preserves and cheese	R 50
		Glass of Juice	R 15
		Coffee / Tea	R 15
		Mineral water	R 5
Desert		Ice Cream & chocolate sauce OR	R 50
		Baked Chocolate pudding with custard	R 80
Braai		The Braai facility can be made available for your	R100 for braai facility
		group between 12:00-19:30 for lunch/early supper.	+ R10 per head
		Bring your own wood/charcoal, firelighters, meat and drinks.	
		<b>Beulah will provide</b> : Glasses, plates, knives & forks, large casserole-dish and braai-utensils.	
		<b>Optional</b> : Beulah can cater for 2 salads [potato / pasta, green salads]	R40 for salads per person